

Hidden Treasures

An update from 49er President Tristen Griffith

erry and I just returned from our annual trip to the NATSO show.
NATSO is short for National
Association of Truck Stop Operators and is where truck stop operators and owners come together to discuss new ideas.

We also give each other updates on the trucking industry, have a chance to network as well as meet with current and potential new vendors and suppliers.

I was fortunate to be interviewed and was asked about any new ideas that we have implemented here at the 49er. I proudly explained that we just finished the install of our Pet Wash and finished construction on the new Smoke Shop.

Surprisingly, we are

one of the only truck stops to have these things and, even better, these ideas came from our very own employees!

During my interview, I felt a smile come to my face knowing that we are innovators and leaders here at the 49er.

Do you have any other ideas on how we

can improve the 49er? My door is always open and I'd love to hear from you.

We also just finished our sexual harassment training and I hope that you found the presentation to be informative and useful. As you learned in the video,

harassment can take on many forms and doesn't just have to be romanticallybased.

Harassment can be offensive comments about a person's gender, race, sexual preference, age and so on.

You, as a third party, can also witness another employee's harassment. We have a zero tolerance policy for harassment and take all claims seriously.

If you experience, hear or see harass-

ment of any form, we need you to come speak to either myself, or to Martha, the General Manager, immediately so that we can investigate. You have a right to work in a non-hostile and harassment-free work environment!





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SCHOLARSHIPS

CHECKLISTS:

49er Family Education Scholarship:

- 49er Travel Plaza Application
- Essay
- Letter of Recommendation
- Official High School / College Academic **Transcript**
- Financial Information

Deadline: April 20, 2015

Bill Moon/ NATSO Foundation Scholarship

- Bill Moon **Application**
- Essay
- Letter of Recommendation
- Official High School / College Academic **Transcript**
- **Financial** Information

Deadline: May 1, 2015



Two ways to win money for college

here are two scholarships for either current college students activities and short essay. or graduating high school seniors and the deadlines are quickly approaching.

The 49er Family Education **Scholarship:** The Sacramento 49er Travel Plaza aims to reward hardworking employees and their immediate family members.

To be eligible, applicants must either be currently enrolled in an accredited college or a graduating high school senior.

Applications for the 49er Family Education Scholarship are judged by the 49er board members.

Selections are made based on a review that may include the following: Applicant's academic merit, financial need, extra curricular activities, community

Selections are made without regard to the applicant's race, gender, sex, religion, national origin or disability.

To apply, obtain an application from the administration office and return all materials noted (see checklist box on the left), to Martha Leon by April 20, 2015.

Bill Moon Scholarship: The Bill Moon Scholarship is awarded by the NATSO foundation. Last year, our very own Sarah Wilson in the Administration Office was awarded one of five scholarships.

To apply, download an application from www.natso.com and complete the requirements to the left.

Employee of the Month (Feb. & March)

ongratulations to our employees of the month for February and March!

Don Sims and **Jose Aguilar** are being recognized as "True Team Plavers."

As our way of saying "thank you," Jose and Don will be given a day off with pay, \$50 worth of 49er gift certificates, and parking in the MVP Parking Space for their respective month.

On January 27th, a visibly frustrated driver was stranded on the fuel island, after his truck broke down. **Don** not only calmed the driver down but also made the neces-

sary repairs quickly so that the driver could get moving again.

Don's quick response and willingness to go the extra mile shows the true

spirit of "Success Through Service."

We appreciate Don's efforts and ability to ensure the best possible outcome for this customer.

Jose is deserving of this award for several reasons.

> Jose comes to work five minutes early for each shift and often picks up an extra work day for coworkers who are sick or on vacation. Not only is he a dish washer, but he has recently stepped up and taken on more work, including training new dish washers, helping out by cleaning up every time he is asked and by starting and loading the barbecue on a daily basis. In addition, Jose is always trying to find ways to improve the restaurant.

By always asking what else he can do to help, Jose is truly a role model for hard work and a positive, can-do attitude! ■



Motivation is the key to success and growth

Story by: Henry Shabir, Store Manager



have been with this company for almost nine years.

I started off as a cashier in 2006 and I have grown with The Sacramento 49er Travel Plaza up to my current management position.

I have learned a lot climb-

ing up this ladder and I'm still learning. I learn something new every day.

I'm really thankful that my company gave me this opportunity because it has allowed me to really grow as a person, and to add this to my resume is huge!

You should always look to grow in anything you do. Even if you don't have an advancement opportunity within your company, you can look elsewhere.

Don't get too comfortable in the position you're in. I lost two supervisors in a two-

month period and I'm proud of them. They both got excellent job opportunities.

I like to see people grow with a company. Don't be the person that just comes into work, does just enough to get by and goes home.

Go above and beyond, make yourself stand out, do the extra little things that will have management notice you.

Always shoot for that next position up. Don't be afraid to go to management and tell them, "I'd like to move up with the company. What do I need to do to become a shift lead or supervisor?"

Show upper management that you want it, that you have qualities for the position, and you are willing to learn what you don't know!

"Change your mind, and it will change your life!" - Tyrese Gibson

Important Reminders from 49er Human Resources



Open enrollment is coming up and is scheduled for the end of March. On March 31, you may come to the Conference Room across from the Administration Office for help filling out insurance forms or to get additional information. Specific times will be announced later.



Please **report work-related injuries** to your supervisor immediately. Your injury could get worse the longer you wait and we want you to receive proper medical treatment right away.



Be aware that we will **no longer print electronic paystubs** for employees. If you did not receive a copy in your email, we will be happy to send you another copy, however, we will no longer be printing previous paystubs.



Approximately 80 out of 120 staff members are receiving **direct deposit** and are also going green by receiving an electric version of their paystub. To start receiving your direct deposit, bring your bank routing and account numbers, as well as your email to **Sarah** in Administration.

Featured Recipe: Kale Soup

Submitted by: Paul Millette, Truck Wash Manager (Source: AllRecipes.com)

Sausage, Potato and Kale Soup



Ingredients:

- ★ 12 red potatoes, thinly sliced
- ★ 1 ½ pounds bulk Italian Sausage
- ★ 1 onion, chopped
- ★ 4 cups low sodium chicken broth
- ★ 3 cups whole milk
- ★ 2 cups half-and-half
- ★ ½ teaspoon fresh or dried oregano
- ★ ½ teaspoon red pepper flakes (add more, if desired)
- ★ Salt and freshly-ground black pepper
- ★ Splash of heavy cream
- ★ 2 bunches kale, picked over, cleaned and torn into bite-size pieces

Directions:

Bring a medium pot of water to a boil. Add the potatoes and boil until they're just starting to soften, then drain and set aside.

In a large pot, crumble and brown the Italian Sausage with the onions, over medium heat for about 5 minutes. Drain as much of the fat as possible (blotting the surface with paper towels helps).

Add the chicken broth, milk, half-and-half, oregano and red pepper flakes to the pot with the sausage and onions. Bring to a simmer and simmer for 30 minutes.

Give it a taste and adjust the seasoning, as needed, with salt, pepper and/or more red pepper flakes.

Add the potatoes and a splash of heavy cream for richness, and then stir in the kale. Cover and simmer for an additional 10 minutes, then serve.

Enjoy!

Happy Anniversary!

Andrew Englund (1)
Roberto Gudino (1)
Drew Latham (1)
Sarah Wilson (1)
Shane Lawson (5)
Tim Thomason (5)
Christina Coloretti (10)
Fernando Arreola (15)

Welcome to the Family!

Carmin Baldwin Tim Cook Zach Ferreira Efren Garcia-Alfaro Titus Goldsmith Michael LeClair Andrew Marshall Hector Olvera-Alonso Omar Matias Joseph McNamee Paul Meyer Tyler Myers Ían Myles James Ńolan Connor Rodriguez Ashton Sullivan

Happy Birthday!

(4/12) Michael LeClair (4/15) Andrew Marshall (4/18) Rowdy Short (4/22) Omar Matias (4/28) David Martinez (5/2) Bridget Bell (5/9) Ramon Vargas (5/12) Enrique Guerrero (5/21) Titus Goldsmith (5/27) Jose Aguilar (5/30) Ashton Sullivan (6/6) Shawn Buck (6/6) Heather Wilson (6/10) Martha Carrillo (6/14) Mike Lopes (6/19) Álice Henderson (6/26) Érandon Engelhardt (6/28) Itzel Gaona

Did you know?

- ★ You can set up Direct Deposit and have your paystubs emailed to you!
- You can find the Travel Plaza and Silver Skillet on Facebook!





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